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1. DO I NEED A PARTNER?

No need to have a partner to register with us. You can register individually or with someone else. Our classes are made up of couples and students registered individually. We offer the opportunity to rotate partners during the lessons.

2. DO I NEED ANY EXPERIENCE BEFORE TAKING DANCE LESSONS?

No experience is required to learn latin dances. We can teach you to dance even if you have never danced before, or even if you consider having three left feet! Some learn faster than others, but everybody can learn! It only requires practice and going out to dance.

3. HOW DO I REGISTER?

You can register on-line, directly from this site, with PayPal, by e-mail at info@gosalsa.ca or by phone at 819-246-8806. You can also register the first day of class (spots limited). Visit the Registration page of our Website for the list of courses available. You can also pay one individual lesson at the time.

4. WHAT PAYMENT METHODS ARE ACCEPTED?

We accept on-line payments, cash or cheques.

5. WHEN DOES THE NEXT SESSION START?

From September to the end of June, GoSalsa offers new beginner sessions every 7 weeks. Check the dates for the next sessions by visiting www.gosalsa.ca under the Registration tab.

6. I TOOK DANCE LESSONS IN THE PAST, WHERE SHOULD I START?

We can assess your level, in person, right before one of our classes. You need to show up 15 minutes before lesson begins. Contact us to schedule a free assessment. We will be able to recommend the level most suited.

7. CAN I TRY A FREE LESSON FIRST?

Yes, we offer a free trial on the first day of every new session. Experience shows everyone who tries our classes has so much fun they can't wait to register for the full session. You may also drop-in and pay for one individual lesson at the time.

8. HOW SHOULD I DRESS?

Wear light and comfortable clothing. Dancing being a physical activity, expect to sweat! Don't forget to use deodorant if you tend to sweat a lot. Be respectful to people with allergies: avoid strong perfumes.

9. WHAT SHOULD I BRING IN CLASS?

Dance shoes or comfortable shoes and bottled water.

10. WHAT TYPE OF SHOES SHOULD I WEAR?

Dance shoes are best, but you could start with high heels or flat shoes with leather soles. Runners, clogs, flip flop are not recommended. Ask your teacher for advice at the first lesson regarding the purchase of dance shoes suited to your needs. Good dance shoes are critical.

11. WHERE CAN I BUY DANCE SHOES?

GoSalsa is the sole official distributor of Ballo brand unisex dance shoes. Contact us to order yours. Shoes can also be ordered during classes.

12. HOW CAN I STEP UP THE LEARNING PROCESS?

Go out where you can dance and practice. Dancing relies on muscle memory, and muscle memory is built through repetition.

Private lessons are another way of accelerating the learning process. Tailored instruction means your teacher will focus on your specific needs and goals, giving you detailed feedback.

Some students take private lessons to skip a level. One 7 week level equals approximately 3 private lessons, depending on learning curve.

13. HOW CAN I JOIN THE GOSALSA DANCE TROUPE?

Auditions and registration to the dance troupe occur every fall. Contact us to express your interest and check out our website and Facebook page for the audition call.

14. ANY GIFT CERTIFICATES AVAILABLE?

You bet! Gift certificates for our group classes can be purchased in person, during our classes, by e-mail at info@gosalsa.ca or by phone at 819-246-8806.